

# **CRISIS PACK**

*created with love, for you.*

- |                                 |  |
|---------------------------------|--|
| <input type="checkbox"/> Unisex | <input type="checkbox"/> Child <small>Age/Gender</small> |
| <input type="checkbox"/> Female | <input type="checkbox"/> Baby <small>Age/Gender</small>  |
| <input type="checkbox"/> Male   | <input type="checkbox"/> Other _____                     |

## What's included

- ☐ bottle of water/water bottle to refill
- ☐ treat drink (soft drink, juice box)
- ☐ snack (non perishable snack, chips, lollies)
- ☐ toothbrush
- ☐ toothpaste
- ☐ hand sanitizer
- ☐ soap
- ☐ hand towel/face washer
- ☐ wet wipes/ face wipes
- ☐ deodorant
- ☐ moisturiser
- ☐ shampoo and conditioner/dry shampoo
- ☐ bodywash
- ☐ tampons/pads (in original packaging)
- ☐ suncream
- ☐ sunglasses
- ☐ pen
- ☐ notepad
- ☐ bandaids
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

**Packed in** (eg. Suburb/State) \_\_\_\_\_  
**Message**

*You are supported and you too will get through this.*

Created 05/01/20 CP\_Version 2, by marnie@photobaby.com.au

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